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A remote control apparatus which can operate and adjust a multi-channel receiver comprises: transmitting means for transmitting data to the receiver; a microphone for receiving sound outputted from the receiver; and arithmetic operating means which calculates the state of the receiver from the sound received by the microphone and analyzes an adjustment value of the receiver from a calculation result, wherein the transmitting means transmits data for initiating adjustment for the receiver and transmits an analysis result obtained by the arithmetic operating means to the receiver.

Fig. 1